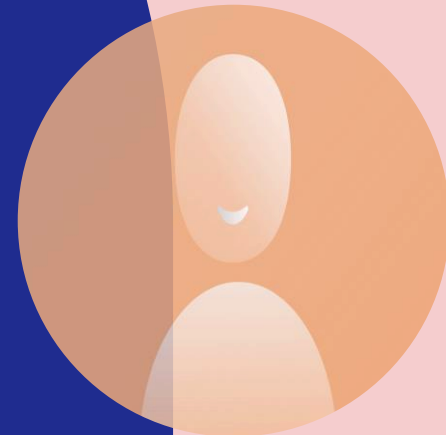


**FAMILY AS  
PARTNERS  
YEAR 2**

**JANUARY 15, 2025**



# **KELLY POULIN**

## **MANAGER, CPP, SEP AND VOLUNTEER OUTREACH**

We were so happy to have Kelly speak to our group this evening. Kelly is the Manager of the CPP (Community Participation Program) the SEP (Supported Employment Program) and the Volunteer Outreach Program. All these programs run out of 177 Dowty Road in Ajax. CPP is a fee for service Day Program and is available Monday – Friday from 9:00 am to 3:00 pm. Also, events offered on 3 evenings/week and 1 Saturday each month. (Example Calendar attached)

SEP offers Employment Skills Training at a cost of \$200. Jose Lemus, Employment Support Professional with CLAPW spoke about this program which was developed and designed to provide a greater degree of community integration. They provide the necessary support required to place and maintain individuals in community-based employment situations. The attached poster describes this service in further detail and with upcoming dates for the Path to Employment learning.

Volunteer Outreach looks for volunteer positions within the community. An example is Meals on Wheels in Pickering and Durham College Library in Whitby. Individuals are accompanied to these positions with a support staff; who remain close by, but do not interfere with volunteer work being performed.

# EVENING PROGRAMS AVAILABLE




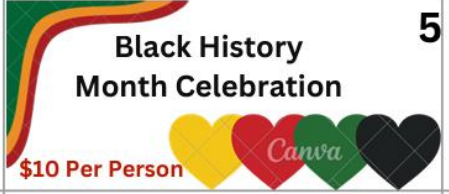
















# FEBRUARY 2025



If there are 2 options please ONLY select 1

UNLESS OTHERWISE WRITTEN  
DROPOFF: 3:30-4  
PICK UP: 7-7:30

TUES	WED	THURS	SUN
			<b>HARLEM GLOBETROTTERS</b> \$51.00 Per Person 
<b>1) 8 Bit Beans</b> \$10 Per Person  <b>2) Playdium</b> \$10 Per Person 	<b>Black History Month Celebration</b> \$10 Per Person 	<b>Cineplex \$17 + money for popcorn &amp; snacks!</b> Movie TBD 	
<b>Valentines Craft Night</b> \$5 Per Person 	<b>1) Baking Bonanza Valentines Edition</b> \$5 Per Person  <b>2) Patrinas &amp; Karaoke</b> Spending Money 	<b>Valentines Day Dance</b> \$10 Per Person 	
<b>NO EVENING PROGRAM</b>	<b>1) Abilities Centre &amp; Coffee Social</b> Spending Money  <b>2) Reptilia</b> \$20 Per Person 	<b>1) Putting Edge</b> \$10 Per Person  <b>2) Mall Walk &amp; Starbucks</b> Spending Money 	
<b>1) Dessert @ Demetres</b> \$20-30 Per Person  <b>2) Paint &amp; Movie Night</b> \$5 Per Person 	<b>February Blahs Social @ The Edge</b> \$15 Per Person 	<b>1) PJ's &amp; Board Games</b>  <b>2) Oshawa Art Gallery</b> 	

PLEASE BRING A DINNER / LUNCH UNLESS OTHERWISE INDICATED DROPOFF/ PICK UP LOCATION 177 DOWTY RD., AJAX

REGISTER IN ADVANCED AT [CPPEVENTS@CLAPW.ORG](mailto:CPPEVENTS@CLAPW.ORG) IF THIS IS YOUR FIRST TIME REGISTERING PLEASE CONTACT [KELLY.POULIN@CLAPW.ORG](mailto:KELLY.POULIN@CLAPW.ORG)

## Path to Employment

Option #1	Option #2	Option #3
January 27 – 31	February 24 – 28	March 24 – 28
Time: 9:00am-3:00pm	Time: 9:00am-3:00pm	Time: 9:00am-3:00pm
Location: Ajax Community Centre	Location: Ajax Community Centre	Location: Ajax Community Centre

**Each option is the same series of Employment Skills learning.**

Topics each week include:

- Accommodations in the Workplace
- Handling Money & Banking
- Hygiene in the Workplace
- Job Interview Skills
- Employment Impacts on ODSP
- Punctuality & Accountability
- Resume Building
- Rights Training
- Social Media Safety & Employment Impacts
- Social Skills at Work
- Travel & Transit Safety
- Skills and Personality Tests for Employment Options
- Self-Directed Employment Discovery



### Important Information

Cost for each option: \$200

Who Can Register: Those who would like to gain employability skills

Note: Details subject to change. Limited spots available.

For registration information contact: [siobhan.pearce@clapw.org](mailto:siobhan.pearce@clapw.org)

For more information about this program, please contact Jose Lemus at 647-331-9851 or by email at [jose.lemus@clapw.org](mailto:jose.lemus@clapw.org)



# IMPORTANT DATES

**Free P4P Webcast: The Disability Tax Credit - February 4, 2025 at 7pm**



On its own, the DTC can help reduce income taxes in order to offset some of the extra costs people living with a disability may incur. An even greater benefit is that it opens the door to other valuable credits and programs, including the new Canada Disability Benefit which will start paying this year!

Join us on **February 4 at 7pm EST** to learn more about the DTC, the application

**Free P4P Webcast: Talking About Children's Mental Health - February 11 at 7pm EST**



Approximately 1 in 5 children and youth in Ontario has a mental health challenge. When your child or youth with a disability experiences mental health challenges, it can add another layer of complexity for your family, and knowing how to help them can be difficult.

Join us on **February 11 at 7pm EST**, with guests connected to Children's Mental Health Ontario, for an open conversation about the intersection of disability and mental health that can break through the stigma, making it easier for you and your family to



# Learn About Taxes & Benefits with Canada Revenue Agency - February 6, 2025



## Learn About Taxes & Benefits with Canada Revenue Agency

Join DSO Housing Navigators as we welcome representatives from Canada Revenue Agency for a [free](#) virtual presentation.

Topics covered will include:

- The Disability Tax Credit (DTC)
- Benefits, credits, deductions, and programs that are dependent on a valid DTC certificate and those that are not
- The Ontario Caregiver Credit
- The Ontario Trillium Benefit
- Ways to do your taxes
- And more....



This free online webinar will be facilitated by DSO Housing Navigators from the East Region, South-East Region and Toronto Region. It is open to people with a developmental disability, their family members and/or support networks, and professionals in Ontario.

**This event will not be recorded.**

Questions about this event can be sent to:  
Alexandra Shannan at [dsotr.hn@surreyplace.ca](mailto:dsotr.hn@surreyplace.ca), or Martha Beach at [mbeach@dsoser.com](mailto:mbeach@dsoser.com),  
or Olivia Thomas at [othomas@dsoser.ca](mailto:othomas@dsoser.ca)

DATE: Thursday February 6, 2025 TIME: 2:00pm – 3:30pm EST

[REGISTER HERE](#)

Visit the online DSO Events Calendar to learn about other upcoming events:  
<https://www.dsonario.ca/calendar/>

CONNECT WITH US!  
[dsonario.ca](https://www.dsonario.ca)



**Attention!** Please do not reply to this email.  
If you have questions about this event,  
contact the event coordinators listed  
above. All other questions should be  
directed to your local DSO. Thank you.



# Learn about Service Canada Programs and Benefits - February 10, 2025



## Learn about Service Canada Programs and Benefits

Join DSO Housing Navigators as we welcome representatives from Service Canada for a [free](#) virtual presentation.

Topics covered will include:

- The Canadian Dental Care Plan
- Employment Insurance Benefits
- Canada Pension Plan/Old Age Security Benefits
- Apprenticeship Grants and Loans
- Services for Persons with a Disability



This free online webinar will be facilitated by DSO Housing Navigators from the East Region, South-East Region and Toronto Region. It is open to people with a developmental disability, their family members and/or support networks, and professionals in Ontario.

**This event will not be recorded.**

Questions about this event can be sent to: Martha Beach at [mbeach@dsoser.com](mailto:mbeach@dsoser.com)  
or Alexandra Shannan at [dsotr.hn@surreyplace.ca](mailto:dsotr.hn@surreyplace.ca) or Olivia Thomas at [othomas@dsoser.ca](mailto:othomas@dsoser.ca)

DATE: Monday, February 10, 2025 TIME: 10:00 – 11:00 am EST

[REGISTER HERE](#)

Visit the online DSO Events Calendar to learn about other upcoming events:  
<https://www.dsonario.ca/calendar/>

CONNECT WITH US!  
[dsonario.ca](https://www.dsonario.ca)



**Attention!** Please do not reply to this email.  
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above. All other questions should be  
directed to your local DSO. Thank you.

## **CAMH - BRAIN HEALTH IDD PROJECT**

**One of our Parent's took this program last year and found it very beneficial. She wanted to share this email with us to get the word out.**

**If you are interested please check out the Links in the attached email.**

I hope you are doing well and are staying warm in this cold weather. We wanted to thank you for being part of our Brain Health-IDD project. We are so grateful that you took our program and provided feedback to improve the course. We have been carefully reviewing the feedback and are updating our program for the next cycle, which starts very soon--**every Wednesday, February 26 to April 2 from 2:30-4:00pm!**

**Do you know any family caregivers who may benefit from taking our brain health course?** If so, please share this information with them! They can complete this form to let us know about their interest: <https://redcap.link/9uja13v6>.

We are also offering a course for adults with IDD aged 40 years and older. It runs every Tuesday, March 25 to May 6, 2025 from 1:30-3:00pm Eastern. Participants can take part with support or independently. They may live alone, with family, or in supported residential settings. If you know any adults with IDD who may be interested, please share the form (linked above) with them or their caregivers/ support staff.

You can email us if you have any questions at [brainhealthIDD@camh.ca](mailto:brainhealthIDD@camh.ca) or you can visit our website for more information on all our programs:

- Self-advocates program: <https://www.azrieli-anc.com/self-advocate-brain-health-study>
- Family caregivers program: <https://www.azrieli-anc.com/family-brain-health-study>
- Service providers program: <https://www.azrieli-anc.com/echo-brain-health-study>

Thank you,

**Prachi Patel**

Research Coordinator, Azrieli Adult Neurodevelopmental Centre  
she/her (why pronouns?)

**SAVE THE DATE**

**SATURDAY, FEBRUARY 22**

**NOON – 4:00 PM**

**STAY TUNED FOR A FREE  
PAINT EVENT FOR  
CAREGIVER/PARENT**

**Your loved one will  
participate in a different  
activity, under guidance of  
support staff**



**Paint a beautiful  
acrylic Sun Catcher  
under guidance of  
Artist Georgine Ciulla  
of Georgeygirl Art**





# **THANK YOU !**

**Sylvia Thornton**

**[sylviathornton@clapw.org](mailto:sylviathornton@clapw.org)**

**&**

**Wendy Holliday**

**Community Living Ajax,  
Pickering and Whitby (CLAPW)**