



Durham Region 2019

Ontario Parasport Games
Jeux Parasport de l'Ontario



Familiar Voice

He's been waking Durham residents weekday mornings on CKDO for 27 years. He's the voice of the Oshawa Generals. And now, Terry Johnston will emcee our Celebration Dinner on Saturday night.

Participants are going to love TJ's energy, sartorial stylings, and sense of humour. And he's looking forward to "a once-in-a-lifetime opportunity."



Five Days

[Order your official Games wear](#) by January 14 and it will be waiting for you when you arrive on February 8.

Get your hoodies, long-sleeved t-shirts, and short-sleeved t-shirts in multiple colours. Add your sport pictogram and your number.



Video Clips

If a picture tells a thousand words, does a video tell more or less?

Not sure, but we've just finished shooting a series of video clips that will tell everyone how proud and excited we are to be hosting these

Games. Watch for them to soon start appearing in our social media feeds (Twitter, Facebook, and Instagram). They will be available on our website and YouTube channel too.

Thank you to Pascal Zois and Blue Phoenix Studios (Silver Partner) for sharing our enthusiasm.

Parasport 101

While the rules and scoring for some of the parasports being contested at our

Games may be intuitive, others are quite unique. So over the next few weeks, we're offering a series of brief descriptions and links to informative videos that will help us all learn more.

Boccia:

Boccia is a co-ed sport, generally played by athletes with cerebral palsy, muscular dystrophy or related neurological conditions. It is similar to lawn bowling, but is played indoors on a court about the size of a badminton court and lasts six ends.



Para-alpine:

Para-alpine encompasses athletes with varying physical abilities. Athletes compete in three categories: standing, sitting or visually impaired in the same disciplines as able-bodied skiers. Certain adaptations are used to make the sport accessible to its athletes. Some of the most common adaptations that are used are special equipment (sit-skis, outrigger skis, etc.) and a guide.



“While you may not all leave with medals, in our eyes you’re champions. And be assured that you will leave with more friends than you came with.”

Moe Pringle
Whitby Resident
Co-Chair of PADAN
Games Champion

“

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WITH MORE FRIENDS
THAN YOU CAME
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Moe Pringle
Whitby Resident
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